

5. VOR, DME and basic procedures

e. The VOR Hold (see also Phase 6 for detail on Hold procedures)

Aim	• To learn to fly a published VOR hold to the required standard using an HSI and RMI	Airmanship	• Current charts, Instrument ground checks, FREDA, S-I-D	Performance	• ½ scale deflection • +/- 5kts, +/- 5°, +/- 100'
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Air Exercise : Jersey JSY VOR/DME hold

